



Marschtabelle

Aid Station	accumulative							intermediary		
	Altitude	Distance	D+	D-	Time per km	Speed (km/h)	Time Cut-Off	Distance	D+	D-
Start Passhöhe	1.738	0,0	0	0			0:00:00	0,0	0	0
Hochalm	1.946	3,7	342	133	0:40:32	1,48	2:30:00	3,7	342	133
Ziel Passhöhe	1.738	8,0	393	393	1:26:15	0,70	11:30:00	4,3	51	260